



T20 300m - Girls/Women

3 Races

Start Time: 15:41

HEAT	Lane	Bib	Athlete	Club	Category	Seed Time
1	2	412	Charise Myrie	Luton Athletic Club	SENF	42.50
	3	416	Tina Louis	Luton Athletic Club	SENF	42.00
	4	405	Anna Nyaongo	Luton Athletic Club	U20F	41.00
	5	332	Shalom Prince	Woodford Green Athletics Club with Essex Ladies	U15F	35.00
	6	409	Vanessa Ansuaa	Shaftesbury Barnet Harriers	SENF	41.00
	7	408	Yasmin Palmer	Loughborough Students AC	SENF	41.50
	8	410	Holly Light	Barnet & District AC	U17F	42.38

HEAT	Lane	Bib	Athlete	Club	Category	Seed Time
2	2	414	Katie Wake	Bexley AC	U15F	45.30
	3	329	Amber Tandy	Gloucester AC	U15F	45
	4	411	Sophie Wright	Herne Hill Harriers	U15F	43.87
	5	338	Noa Chodokufa	Woodford Green Athletics Club with Essex Ladies	U17F	43.02
	6	413	Millie Trotter	Basildon AC	U17F	44.00
	7	406	Uchenna De Silva	Luton Athletic Club	U20F	44.65
	8	419	Indea Adams-Burnett	Shaftesbury Barnet Harriers	SENF	45.00

HEAT	Lane	Bib	Athlete	Club	Category	Seed Time
3	2	304	Tyleah Edwards	Woodford Green Athletics Club with Essex Ladies	U15F	70.00
	3	322	Evanna Eze	Woodford Green Athletics Club with Essex Ladies	U15F	59
	4	415	Sylvie Rose Whalley	Woodford Green Athletics Club with Essex Ladies	U15F	45.50
	5	407	Lucy Bulman	Chelmsford AC	U17F	45.46
	6	417	Nell Mills	Ipswich Harriers	U15F	47.50
	7	292	Phoebe Whelan	Woodford Green Athletics Club with Essex Ladies	U15F	50.00
	8	402	Isabella Moulton	Woodford Green Athletics Club with Essex Ladies	U15F	59.00